

## “The Beatitudes - Satisfied”

Matthew 5: 6

<sup>6</sup> *Blessed are those who hunger and thirst  
for righteousness, for they will be filled.*  
Matthew 5: 6 (NIV)

1. What causes you to lose your appetite for God, for attending church or small groups, for seeking fellowship?
2. What do you do when that happens?
3. What is implied by the second part of the verse, "...for they shall be satisfied."

In "**For Heaven's Sake**," Peter Kreeft writes that, "sloth is the deadly sin that confronts a hunger and thirst for righteousness. Sloth is defined by St. Thomas as 'sorrow about spiritual good' or joylessness when faced with God as our supreme joy. Sloth robs us of our appetite for God, our interest and enjoyment of God. Sloth stops us from seeking God. The eternal divide is between those who seek Him and those who do not. Sloth finds our very highest joy, God Himself, joyless."

---