



KITCHEN SERVICE:

Time: 5:30 pm – 8:30 pm
(Please arrive UGM by 5:30pm and head into the kitchen at 5:45 pm)

Size: 6 people maximum

New Location: 601 E. Hastings (corner of Princess and Hastings) as opposed to Cordova Street

Parking: On the street

Telephone: (604) 253-3323 **Website:** www.ugm.ca

Procedure:

- Enter through the front door at 601 East Hastings and report to reception, Identify yourselves as volunteers from Fraser Lands to receive a visitor badge before going through to the Kitchen. No one is to go through the Drop-in door when they arrive.
 - Spend some time in prayer.
 - Head into the kitchen at 5:45 pm.
 - Ask for a locker to put your belongings.
 - **Kitchen:** Follow the instructions of the Kitchen Coordinator.
 - **Rules:** No opened-toed shoes, tie up long hair, don't give out any personal information. If people ask for money/Bibles, refer them to the UGM staff.
 - **Expectations:** To serve with an attitude of compassion and mercy showing God's love through practical service. Remember, during these hours of service, to be in an attitude of constant prayer.
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- End in prayer, giving thanks to God and asking Him to show you how you can continue to pray for the people.
 - Eat before you go to UGM. Suggestion: After the service time, feel free to debrief with one another, perhaps over a meal somewhere afterwards.



The new dining room has the space to seat 160 guests comfortably, allowing UGM to serve 255,000 meals to the Downtown Eastside each year!