

**“Pure”**  
Matthew 5: 8

<sup>8</sup> *Blessed are the pure in heart, for they will see God.*  
Matthew 5: 8 (NIV)

R.T. Frances says, *"Purity in heart should not be restricted to moral or sexual purity; it denotes one who loves God with all his heart (Deuteronomy 6:5), with an undivided loyalty and whose inward nature corresponds with his outward profession (Psalm. 29:13)."*

Read Psalm 24 1-6.

1. How can you tell if a person whose life is outwardly correct is truly pure in heart?
  2. Why is insincerity so destructive to Christian relationships?
  3. What does sincerity do for relationships?
-