

Leadership Training Institute

Learning to Live Fully - A Guide to Spiritual Formation

Instructor: Professor David Collins

Course Outline

Jesus asked a man who had been crippled for thirty-eight years if he wanted to be well (John 5:5-7). Being well would require taking a step further than being healed. Wellness would require effort on his part. Being crippled for 38 years would leave an ingrained way of thinking about yourself and others. The old expectations and habits, patterns of response and attitudes of avoidance would still be there even after a physical healing.

When Jesus asks the question, "Do you want to be well?" it is an invitation to live fully in all areas of life. Live the life that God has designed for you. Grow in both your knowledge and relationship with him. Learn how to allow him to make all things new in your life.

Learning and Education Outcomes

1) Think

- (i) to be able to examine Scripture and discern what it actually says
- (ii) to reflect on its application for the student's personal growth and development
- (iii) to decide whether or not the knowledge gained will be applied

2) Do

- (i) to experience daily journaling of the insights gained through spending quiet time reflecting and listening to God
- (ii) to be able to understand the difference between God's responsibility in the student's life and development and the student's responsibility in listening to God and obeying what he reveals to them
- (iii) to consider the insights from others and learn of their journeys of discovering God

3) Be

- (i) to be able to examine any aspect of the student's life and move towards making choices that enhance personal wellness
- (ii) to be intentional in making choices that are congruent with a life purpose and which are both balanced and sustainable
- (iii) to understand the implications needed to live well in all areas of life

Course Textbook

Collins, David - *"Reflections on Wholeness and Holiness"* (140 pgs), Forever Books, Winnipeg, MB, 2010 (can be purchased online @ www.paradigmministries.ca or from the course instructor with a 25% discount.

Course Details

For further details on course material, textbooks, class format & assignments for credit students please pick up the course handout at the Info Counter.

Dates:

Friday	October 15	7:00 p.m. – 10:00 p.m.
Saturday	October 16	1:00 p.m. – 5:30 p.m.
Friday	November 5	7:00 p.m. – 10:00 p.m.
Saturday	November 6	1:00 p.m. – 5:30 p.m.

Location: VCAC - Fraser Lands Church
3330 S.E. Marine Drive, Vancouver

Registration: Please fill out a registration form and submit form and payment to the Info Counter on Sundays or the church office during the weekdays. Registration starts Sept. 19.
Registration Deadline: October 10, 2010.

Cost: \$100 for students taking the course for credit,
\$50 for audit students - attending all four sessions, and free for anyone attending any of the Friday sessions only.

Instructor's Biography:



David Collins is the son of missionary parents (Harold & June, Vietnam). He with his wife Nancy have pastored three congregations and served as C&MA missionaries in Thailand and the Philippines, working in Vietnamese refugee camps. Upon returning to Canada, David founded the work of Canadian Food for the Hungry International (1994). In May 2007, David and Nancy sensed God's confirming blessing on a growing desire to invest their lives back into the Bride of Christ in Canada. As a result, Paradigm Ministries was birthed in January 2008.

David now works with congregations, church leadership (boards & staff), camps, NGO's and the business community. He grows in his love for contemplative prayer and a growing understanding of resting in the sovereign hands of God. He is passionate about God's kingdom being enjoyed by every community in Canada and also believes that this nation holds a special place in the global arena. God's people are coming together from a sense of personal urgency to engage.