

# Small Groups at a Glance 2009/2010

Fraser Lands

Gp	Group Title	Participants	Leaders (Helpers)	Meeting Time	Location	Topics
1	Young Adult Group 1 One Way	Young Adults (age 20 – 30)	Elizabeth Yih (Joyce Law)	Friday evenings @ 7:30 pm	Various homes In Vancouver	The Spiritual Reality – Using the Armor of God
2	Young Adult Group 2 Bluenotes	Young Adults	Jason Chak	Friday evenings @ 7:30 pm	Various homes	t.b.d.
3	Young Adult Group 3 Guts	Men (age 22 – 27)	Justin Chan	Sundays 2 pm, 1 <sup>st</sup> , 3 <sup>rd</sup> and 5 <sup>th</sup> week	Various homes	Men's study
4	Young Adult Group 4 Renew	Young Adults mid-20's to 30's	Jonathan Young Rebecca Chin	Friday evenings, twice monthly	Fraser Lands Church P104 / various homes	Sermon-based study on book of Nehemiah
5	Young Adult Group 5 Rebuilt in Christ	Young Adults mid-20's to 30's	Jason Mak Jennifer Liu	Sunday evenings @ 7 pm	Various homes	DVD series: "Nooma"
6	Young Adult Group 6 Tehillah	Young Adults (singles or couples)	Dave Szutu Janet Soo	Fridays @ 7:30 pm	Various homes	Study of Bible characters
7	Trekkers	Everyone welcome Singles and married couples	Patrick & Nina Quon Nathan & Denise Wong	Thursday evenings, @ 7:30 pm	Various homes	The Sermon on the Mount
8	BLT (Bible Learning Together)	Everyone welcome	Esther Ng	Fridays @ 7:30 pm twice monthly	Various homes	Sermon-based study on book of Nehemiah
9	Gen X'ers to Boomers	Everyone welcome	Bill & Helen Mar	Twice monthly	Various homes	"Master Your Money" Workbook & DVD series by Ron Blue
10	S.D.G. (Soli Deo Gloria)	Women	Cindy Ho Connie Ho Lulu Tan	Fridays evenings 6:30 pm dinner 7:30 pm study	Richmond	Living Out the Lord's Prayer
11	Women of Faith	Women	Jean Low Pauline Wong	Saturdays @ 7 pm, twice monthly	Home near Fraser Lands	"Living a Life of Balance" - Women of Faith series
12	YMCA 1	Young Married Couples & Singles	Jonathan & Rosanna Chan	Every other Sunday @ 3 pm	Various homes	Hermeneutical study on the Book of John
13	YMCA 2	Married Couples	Melody & Minoru Koshimura (Wendy & Frederick Lau)	Fridays @ 7 pm, twice monthly	Various homes	Marriage-related topics
14	YMCA 3	Families with toddlers & primary school aged children	Eric & Vivienne Soo	Saturday evenings during AWANA (7 pm – 8:45 pm), 3 times monthly	Fraser Lands Church	"Boundaries with Kids" book study
15	YMCA 4	Young Married Couples with babies and toddlers	Tombert & Joyce Chen	Every other Friday evenings @ 7 pm	Richmond	"Next Level Parenting" by Rich Rogers
16	YMCA 5	Young Married Couples with infants and toddlers	Clifford & Libby So Andy & Michelle Wong	Twice monthly, Saturday, 3-5 pm	Various homes (Richmond/Vancouver, Burnaby/Coquitlam)	"Do your kids a favor...love your spouse" by John & Kendra Smiley
17	Married Couples	Married Couples	Kay & Lun Wang	Twice monthly	Leaders' home	"Marriage: From Surviving to Thriving" by Charles Swindoll
18	Families with School-aged Children	Married Couples with children (age 8-18)	Tom & Mavis Ho	Once a month 1 <sup>st</sup> Friday	Various homes around Vancouver & Richmond	"Marriage: Learning from Couples in Scripture"
19	Families with School-aged Children	Families with school-age children	Anthony & Miranda Chan	1st & 3rd Fridays	Various homes in Vancouver & Burnaby	t.b.d.
20	Boomers 1 Cornerstone	Baby Boomers	Ken & Helene Lo	Every other Saturday, 7:45 pm	Various homes	Selected Psalms; "Prayers of the Heart" by Peterson
21	Boomers 2 Livingstone	Baby Boomers	Julian & May Chan	1st & 3rd Saturday evenings, 7:30 pm	Various homes in Vancouver	Equip to Serve Book 2 by Discipleship International
22	Boomers 3 Precious Stone	Baby Boomers Women	Grace Chan	1st & 3rd Saturday evenings, 7:30 pm	Various homes	"Calm My Anxious Heart" by Linda Dillow

**Please Note:** For more information please go to our "Small Groups Ministry" link on the Fraser Lands English congregation homepage at [www.vcac.bc.ca](http://www.vcac.bc.ca). For detailed group descriptions, please pick up a Small Groups Brochure in the church foyer or view it online. If you have any questions, please contact Pastor Abe Chan by phone: (604) 451-5449 ext. 109 or by e-mail: [abe\\_chan@vcac.bc.ca](mailto:abe_chan@vcac.bc.ca)